

Hi TBUGers

Don't forget **Ride to Work Day** on this Wednesday, 14th October. Free breakfast at Pages in Brisbane St Mall from 8am. If you'd like to join the community ride, meet at Inveresk Park and Walk Car Park – leaving at 7:30am, but please come at 7am to talk to Penny Marshall on the ABC and hear Brendan McMahon give a live weather report!

We have an **overnight touring** trip coming up this weekend in the Mole Creek area, 17/18 October, run by Peter Ford. Cycle touring is a great way to relax and see the countryside. There are shorter and longer options. Contact Peter on 6394 3516 or evonpeter@yahoo.com.

Council candidates – what do they know/think about bikes?

TBUG has surveyed the candidates in the Launceston council election to determine their knowledge and attitudes to commuter and recreational cycling in Launceston. Of the 22 candidates, 18 returned the questionnaire and 4 were not contactable or did not return the questionnaire. While we're not endorsing any candidate, some of the new candidates were much more bike savvy and have some good cycling experience and new and exciting ideas. Time did not allow a survey of other municipalities' candidates. Read them for yourself on our website www.tbug.org.au and make up your own mind.

We had a great **Social Get-together** on Thursday 1st October. Andrew's biscuits and hot drinks went down well, and we had a good chat to start with. Andrew told us about the Tamar Valley Cycle Challenge, and the determined Sally Fletcher showed us how Sally's Ride (a very successful charity ride) has developed over the years to this year's Tamar version. Malcolm showed us more about what TBUG has been doing, and inspired us all with a slideshow of his and Vikki's cycletour of Laos. Roger and Josh initiated thinking on our review of the Northern Suburbs Cycling Route. Next time we will try to leave more time for socialising afterwards as well.



"Jim and Helen Thyme were introduced to the joys of Full Moon cycling on our **Full Moon Ride** on 3 October. We started with a counter meal at the Carrick Hotel and by 7.30 it was dark enough to set out. We did the 23 km loop through Whitemore and back to Carrick via Oaks Road. Our only set back was the lack of a full moon which refused to come out to play from behind the clouds, as the photo attests. Its exhilarating, different, fun and a good night out! Next Full Moon Ride is planned for Saturday 5th December." - Malcolm

Actually, you can usually see a lot more at night than in this photo!

Addressing Hazards in the West Tamar council area

Following a phone call to the West Tamar Council we got Muddy Creek Hill cleaned up and I believe Rosevears Drive is better, although I haven't ridden it myself since (feedback appreciated).

When reporting potholes, debris etc to the West Tamar Council, **ask for a Service Action Request Form, SARF**, to be completed and actioned. This means that the Works Department has to action it or contact you to say why it can't be done.

Tour of Tasmania Westbury Criterium Community Ride.

"Casey Mainsbridge and I started off from Prospect with a group of Northern Vets cyclists and Tammy on her mountain bike. By Westbury we had gathered a group of about 20 riders ranging from the Vets to a family who had ridden out from Westbury to meet mum. I was able to help some of the beginner cyclists with riding techniques, mainly the use of gears and getting a good cadence rate. Patrick Gambles had ridden in from Mole Creek with 6 riders.



The Criterium was a fantastic race and it was great day with Rob Potter from Sprung busy all day doing bike checks. It was great to get lots of good feedback and support for TBUG and hopefully we will pick up some membership from the forms I distributed. Next year we will aim to have a stand there. If you missed it this year, don't miss it in 2010."
- Malcolm



Secure bike parking

Josh Bush met with Andrew Frost to have a look over and a chat about the Paterson St East and West bike cages about signage and accessibility. They had ideas for improvement, such as increasing signage and providing usage instructions. If you have any, please let Josh know – cheeseness@yahoo.com



HELP WITH MEDIA PLEASE

We'd really appreciate someone helping us with promoting our activities, during a leave-of-absence of our Media Officer. This could consist of simply emailing our activities to relevant media contacts and community pages (we already have a list). Hopefully you will have, or gain, a feel for what the media outlets require. This is important so that the wider community can find out about our excellent activities. Contact Anna fovey@intas.net.au or 6334 6633 if you are interested.

The **TBUG committee** with your help has been working on many other activities as well, including:

- a review of the proposed Northern Suburbs Cycling Route for Launceston City Council
- a presentation to the West Tamar Hwy Safety Committee (which will hopefully open the possibilities for cycling safety to be better considered)
- lots more!

Cycling continues to grow!

Australians are speaking with their pedals. 2008 has seen the largest increase in people cycling with more than 337,000 new adults taking up cycling (Exercise, Recreation and Sport Survey 2008). Now 1.98 million adults are choosing to ride a bike. When numbers for walking and cycling are summed together 8.4 million adults participated, which exceeds the number of people who participated in the top 10 organised sports (5.3 million) combined! Read more...
<http://www.cyclingpromotion.com.au/>

Great **bike maintenance website**, to help you do your own:

<http://www.parktool.com/repair/>

JOIN us!! Our membership flyer is on our website www.tbug.org.au

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*Questions or comments or to remove your name from our mailing list, please contact
fovey@intas.net.au*