

Hi TBUG

Our wet weather has not stopped everybody!



Five intrepid riders set out on 23/8/09 from Andy's Cafe at Westbury, when the rain finally stopped. The break in the rain didn't last long but we were now committed. The intensity varied from light drizzle to heavy rain with strong headwinds at times and some fine hail also added for good measure. Thanks Rob and Ruth Arkley for this ride – the route looks worth re-visiting in the dry too.

The **St Lukes Longford Family Ride** was postponed by flood which completely inundated the route! Nevertheless 13 children and adults enjoyed an alternative ride from **Tailrace Park** in Riverside to Seaport on 15/8/09, with stops for icecream and coffee and a go on the new play and exercise equipment at Royal Park. It

was good to see the kids really enjoy the ride, including Joe in his trailer.

We also ran a **Bike Maintenance Day** in Lu's shed on the Sunday, where we fixed a puncture (conveniently obtained the previous day!) and adjusted brakes and cables.



Come along to our **next bike maintenance session:**

Change a Wheel	Sunday September	30 Freeland Cr.	chris and caro brown
Fix a Puncture	6	Riverside	6327 1857
	11am		0418 381 839
			E-mail
			mutts@netspace.net.au

Some bikes available to learn/practise on.

****Want to try overnight touring?** We have a trip coming up in the Mole Creek area, probably on 17/18 October, run by Peter Ford. Stay tuned, or contact our Activities Coordinator Lu (ph 6334 6749) for more information.

Active Bike is a great way to get on your bike. Active Bike will give you a better understanding of how to ride safely on the roads and will also help you to discover the recreational trail network of Launceston.

5th September – 7th of November

Saturday mornings between 10am – 11am

Royal Park, Park Street

FREE – No commitment required. (You can turn up once or every time).

See flyer attached to find out more

Ride to Work Day is coming up, on Wednesday 14th October. We hope you will all ride to work that day, and take along a workmate. You can join the crowd going from Inveresk Park and Walk carpark (Churchill Park Dve, Invermay) at 7:30am, or meet at 8am at Pages in the Brisbane St Mall (not the Quadrant Mall as previously advertised). There will be a **free breakfast** for cyclists in the Mall, and other goodies.

Don't forget to **register for Ride to Work Day** so that nationally they can get a count. Also people registering go into the draw for a **new bike!** There also info at the website <http://www.bv.com.au/ride-to-work>

BIKE BUDDIES!! This is a system of buddying new riders to work (or other destinations). If you are a new or uncertain rider, contact us to be matched with someone to help you get started. If you are an experienced rider, happy to show someone else the ropes, please let Anna know. This is an informal thing. Anyone who is keen but unsure of cycling to work would contact us and be matched with a buddy. You would then arrange between yourselves to try out a route (probably at a quiet time on a weekend), and perhaps you would give the new rider some pointers and suggest a trip to buy some bike lights and other essentials. This would be a great way to help get people over that hurdle of uncertainty about cycling to work. It is not meant to be a commitment forever, just a get together or two till the rider is on their way. I already have some offers, but more would be appreciated as this is a great way to get more people confident to cycle. If you are interested, contact Anna (fovey@intas.net.au).

Sally's Ride – Tamar Valley Cycle Challenge is coming on Sunday 15th November. Start training now, and get a team together or ride as an individual.

Join the Corporate Challenge! WIN The Forestry Tasmania Community Assist Corporate Challenge Shield. A corporate team is made up of a minimum of 4 riders with no maximum number of riders. Team members can participate in any of the rides i.e. don't have to be all in the same ride. The cumulative number of Km ridden by members of the team is calculated and the team with the most Km is the winner of The Forestry Tasmania Community Assist Corporate Challenge Shield. Enter at: www.rccl.org.au

RACE EVENTS:

41 Degrees Real Estate 25km Challenge Starts 11.30am cost \$25

Skoda 45km Challenge Starts 10.30am cost \$30

Forestry Tasmania Community Assist 95km Challenge Starts 9.30am cost \$40

Tasmanian Perpetual Trustees 140km challenge (includes ferry ride) starts 7.30am cost \$60Race

Bike bridge questionnaire – please do it now!

The council is currently investigating the potential for a pedestrian/bike bridge over the North Esk River at the bottom of Holbrook St, and we have a questionnaire on our website to help with this.

Below is a picture of our TBUG Launceston Bike Committee rep, Roger Vreugdenhil (2nd from L), with Adrian Coomber from DIER (L), Nigel Coates and Andrew Smith from Launceston Council assessing options for bike lanes in Holbrook St as part of the planning for a cycle/pedestrian bridge across the Tamar. **Go to the TBUG web site to do the quick survey** for the potential use of a bridge www.tbug.org.au .



And finally, check out this holiday camper!!

<http://www.inhabitat.com/2009/08/18/camper-bike-pedal-powered-rv-for-one/>